




THE EVOLUTION OF STRENGTH TRAINING EQUIPMENT.

EVOLUTION

MADE IN THE U.S.A. 

# SMARTSTRENGTH™

MULTIPLE REASONS YOU'LL GET  
A MORE COMPLETE WORKOUT.



TORQUEARM

SMARTCAM®

The cornerstone of PRIME's innovation is the patented SmartStrength™ technology, a game changer in strength training equipment. Featured on both selectorized and plate loaded equipment, PRIME's SmartStrength™ technology puts the power in the hands of the user - offering the unique ability to move the peak resistance throughout the entire range motion. This accommodation of the resistance curve allows a user to train in the lengthened, medial and shortened positions individually, ultimately yielding more muscle fiber recruitment from origin to insertion.



PRIME's selectorized units feature our patented SmartCam®. The innovative design of the SmartCam® allows the user to move the peak resistance throughout the range of motion with a simple lever adjustment.

IT'S AS EASY AS 1,2,3.

WORKOUT SEQUENCE	1	2	3	4	5
	3 SET PROGRAM			5 SET PROGRAM	
PLACEMENT OF WEIGHT					
OVERLOAD REGION	Middle Range	End Range	Beginning Range	Middle+End Range	Middle+Beginning Range





# EVOLUTION

## The new standard in selectorized weight equipment.

The Evolution line by PRIME sets the standard for strength training equipment. Evolution equipment features:

- + Newly designed smaller footprint maximizes the efficient use of floor space.
- + Solid steel design that offers a strong foundation with a modern look.
- + Precision-cut metal weight stack shield for superior durability and visual appeal.
- + SmartCam® technology with a more compact design and smoother resistance transition.
- + New "Pull & Turn" add-on weight system, allowing 5-pound increments with just the turn of a handle.

The **EVOLUTION** line includes:

- + Arm Curl
- + Leg Extension
- + Chest Press
- + Lat Pulldown
- + Leg Press
- + Seated Leg Curl
- + Shoulder Press
- + Tricep Extension
- + Prone Leg Curl



PRIME Evolution Arm Curl



**A PRIME Evolution 8-Piece Circuit can fit comfortably into 235 Square Feet!**



# EVOLUTION



## ARM CURL

**Dimensions:**  
38L x 49W x 59H in.  
97L x 124W x 150H cm.  
**Weight:**  
518lbs. / 235kgs.  
**Standard Weight Stack:**  
205lbs. / 93kgs.



## SEATED LEG CURL

**Dimensions:**  
38L x 60W x 59H in.  
97L x 152W x 150H cm.  
**Weight:**  
630lbs. / 286kgs.  
**Standard Weight Stack:**  
265lbs. / 120kgs.



## LEG EXTENSION

**Dimensions:**  
41L x 47W x 59H in.  
104L x 119W x 150H cm.  
**Weight:**  
602lbs. / 273kgs.  
**Standard Weight Stack:**  
265lbs. / 120kgs.



## SHOULDER PRESS

**Dimensions:**  
57L x 55W x 59H in.  
145L x 140W x 150H cm.  
**Weight:**  
642lbs. / 291kgs.  
**Standard Weight Stack:**  
205lbs. / 93kgs.



## CHEST PRESS

**Dimensions:**  
56L x 55W x 59H in.  
142L x 140W x 150H cm.  
**Weight:**  
692lbs. / 314kgs.  
**Standard Weight Stack:**  
265lbs. / 120kgs.



## TRICEP EXTENSION

**Dimensions:**  
37L x 45W x 59H in.  
94L x 114W x 150H cm.  
**Weight:**  
518lbs. / 235kgs.  
**Standard Weight Stack:**  
205lbs. / 93kgs.



## LAT PULLDOWN

**Dimensions:**  
47L x 62W x 79H in.  
119L x 157W x 201H cm.  
**Weight:**  
716lbs. / 325kgs.  
**Standard Weight Stack:**  
265lbs. / 120kgs.



## PRONE LEG CURL

**Dimensions:**  
37L x 66W x 59H in.  
94L x 168W x 150H cm.  
**Weight:**  
606lbs. / 275kgs.  
**Standard Weight Stack:**  
265lbs. / 120kgs.



## LEG PRESS

**Dimensions:**  
41L x 62W x 71H in.  
104L x 157W x 180H cm.  
**Weight:**  
1,134lbs. / 514kgs.  
**Standard Weight Stack:**  
505lbs. / 229kgs.





For more information on our latest innovations, visit [PrimeFitnessUSA.com](http://PrimeFitnessUSA.com)

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